"I'm very happy to tell you that I'm still alive!"

PANDA
Perinatal Anxiety & Depression Australia

How is Dad going?

panda.org.au
howisdadgoing.org.au

Assyrian - howisdadgoing.org.au

1300 726 306

PANDA 800 howisdadgoing.org.au

Dad is going well!

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Dad is going well!
"I am afraid I can’t do this anymore.

Let’s do it. I have to do it."

I am afraid I can’t do this anymore.

Let’s do it. I have to do it.

"I am afraid I can’t do this anymore.

Let’s do it. I have to do it."

I am afraid I can’t do this anymore.

Let’s do it. I have to do it.

"I am afraid I can’t do this anymore.

Let’s do it. I have to do it."

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